HANDI, NHF's Information Resource Center

HANDI, NHF’s information resource center, answers requests for information about bleeding disorders. If you have additional questions about any of the links or resources shared in this document, feel free to contact handi@hemophilia.org  [All information requests made through HANDI are always kept confidential.]

Or access this link – https://www.hemophilia.org/Community-Resources/HANDI-NHFs-Information-Resource-Center/HANDI-Request-for-Information - to instantly submit your request to us.

Victoryforwomen.org

Victoryforwomen.org is part of Victory for Women which is National Hemophilia Foundation’s health initiative that creates and provides support, education and resources for women and providers in the bleeding disorders community. Victoryforwomen.org celebrates the voices of women in the bleeding disorders community. It’s a place for you to share your creative expression of all kinds: photography, blog posts, stories, poems...whatever you feel captures you. A place where women in the community can express themselves, ask their questions, share their challenges, and above all, celebrate the victory of standing up and being heard.

https://victoryforwomen.org/

Language: English website

Stepsforliving.hemophilia.org

Stepsforliving.hemophilia.org is National Hemophilia Foundation’s a comprehensive online resource that provides information on bleeding disorders for kids, adolescents, adults, parents and health educators to promote healthy living for all life stages and is available in both English and Spanish. https://stepsforliving.hemophilia.org/

Language: English and Spanish website
Hemaware, NHF’s Bleeding Disorders Magazine

*HemAware,* the National Hemophilia Foundation’s award-winning quarterly magazine, is the bleeding disorders community’s premier lifestyle publication. It features stories on research breakthroughs, family concerns, exercise and nutrition, women’s health needs and life stage transitions. Over seven years of content in a wide range of subjects is available online.

**Audience:** Consumers, Providers and general public

**Languages:** English and Spanish

**Link:** [https://hemaware.org/](https://hemaware.org/)

NHF’s Nurses Guide to Bleeding Disorders

The Nurses’ Guide to Bleeding Disorders, produced by NHF and authored by members of its Nursing Working Group, is intended to assist nurses at all levels in caring for patients with bleeding disorders. Topics covered in the guide include the following: Hemophilia and von Willebrand disease therapy, women and bleeding disorders, rare coagulopathies, prophylaxis, venous access devices, emergency room care, orthopedic complications and treatment, hepatitis and HIV/AIDS, inhibitors, and enhancing development in the child with a bleeding disorder. [A current major revision is being undertaken by the Nursing Working Group and the chapter authors.]

**Audience:** Providers

**Languages:** English


MASAC Recommendations Regarding Physical Therapy Guidelines in Patients with Bleeding Disorders (Document # 238, November 2015)

The following practice guidelines were developed by members of NHF’s Physical Therapy Working Group, and subsequently approved by MASAC. The information is intended to guide the physical therapist caring for individuals with bleeding disorders in the important elements of recognizing bleeds and delivering physical therapy interventions related to the following topic areas: Cryotherapy, iliopsoas bleeds, joint bleeds, surgical synovectomy, total knee replacement, muscle bleeds, and orthoses for ankle arthropathy.

**Audience:** Providers

**Languages:** English

Additional Web Resources

To access a list of all current MASAC Documents

To access NHF’s latest educational webinars for healthcare providers –
https://www.hemophilia.org/Researchers-Healthcare-Providers/Health-Care-Provider-Education/Online-Educational-Activities-for-Health-Care-Providers

To view NHF’s Publications
https://www.hemophilia.org/Community-Resources/HANDI-NHFs-Information-Resource-Center/NHF-Publications

To read the latest NHF news on Covid-19 pandemic and access the resources shared by NHF with bleeding disorder patients in the United States –
https://www.hemophilia.org/Newsroom/COVID-19-Information

To receive the latest NHF e-news disseminated to the bleeding disorders community – sign up here https://lp.constantcontactpages.com/su/ht2v1d1/nhf

To learn more about NHF’s network of 53 Chapters across the United States contact Michael Craciunoiu at mcraciunoiu@hemophilia.org.