

UNCOVERING HEALTH & LONGEVITY SECRETS AROUND THE WORLD

HEALTHY LONG LIFE

DOCUMENTARY SERIES

WANT ONE?

COMING SOON

www.HealthyLongLife.com

prime video



HEALTHY LONG LIFE

DOCUMENTARY SERIES
RECIPE & COOKING APP

DOCUMENTARY SERIES

Healthy Long Life is an 8-part documentary series that will be released on Prime Video and Apple TV Fall 2020.

Life expectancy is 69.9 years.

The healthy life expectancy is 69.9 years.

The last ten years of life is spent in sickness, pain and paying expensive medical bills.

**The good news is that it doesn't have to be that way.
You can live a healthy long life!**

Daniel E. Kennedy is the creator and director of the Healthy Long Life docuseries that visits thirteen nations to interview experts on nutrition and longevity, top chefs, practitioners of ancient healing traditions and cancer survivors who turned their lives around through lifestyle medicine.

For interviews or questions:

Director@HealthyLongLife.com



Experts

This documentary series is packed with top researchers from The World Health Organization, Cancer Research UK, Max Planck Institute, Sorbonne University (Paris), Beijing University, Dehli University, McGill University and more. Interviews with lifestyle medicine experts include Michael Greger, T. Colin Campbell, Caldwell B. Esselstynn, Jr., Delia Garcia, Dean Ornish, Francisco Contreras, Hans Diehl, Scott Stoll, Ronit Endevelt, Dean Ornish, Karine Clement and many more. A bonus episode on lifestyle medicine and coronavirus makes this docuseries especially relevant.

Chefs

Enjoy commentaries and cooking demonstrations from 2 Michelin Star Éric Briffard at Le Cordon Bleu, Pris, Candice Kumai, Top Chef Award Winner Rahul Dua and more. Cooking demonstrations from Sardinia, Rome, Tel Aviv, Chichen Itza, Esenada, Tokyo, Shanghai and Dehli make delicious traditional meals jump right off the plate.

Practitioners of Ancient Healing Traditions

Listen to Mayan Healers, Traditional Chinese Medicine practitioners, Yemeni herbalist, and Spice expert in Mumbai, as they share the natural healing traditions handed down from generation to generation.

Cancer Survivors

The stories of cancer survivors extend beyond the fight against the disease. You will see how these individuals have used their life extensions to bless others in India, Mexico, Israel, Germany and Japan.

A Cultural Celebration

Music and dance from India, Mexico, Sardinia, Italy, Japan, China, and Israel make this documentary informative and beautiful. The visual artistry of Healthy Long Life is a first for this genre.

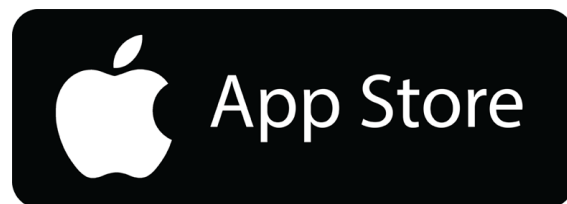
For more information, visit www.HealthyLongLife.com

RECIPE & COOKING APP

The producers of the Healthy Long Life documentary series have filmed more than 100 vegan recipes. New recipes are added weekly. Visit the Apple App Store and Google Play to download the Healthy Long Life recipe & cooking app for free.

<https://tinyurl.com/HealthyLongLifeiOS>

<https://tinyurl.com/HealthyLongLifeAndroid>



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